

Once You Are Home

After you are discharged, rest and recuperate in the comfort of your home. The Boulevard Surgery Center staff will contact you within 24 hours to follow up on your progress.

You will be given written instructions, however, here are some general reminders:

- Limit activities at home for at least 24 hours after surgery.
- Do not drive for at least 24 hours after your surgery.
- Begin meals with clear liquids and progress to solid foods as they are tolerated.
- If you feel uncomfortable and cannot urinate, call your surgeon.
- You may have minimal nausea.
- You may have some pain.
- The medication you received during surgery may affect memory and mental judgement for 24 hours following anesthesia.

If you have any questions regarding postoperative recovery, please contact your surgeon or call (865) 373-2400.



Parkwest
BOULEVARD SURGERY CENTER

9300 Park West Boulevard
A Division of Parkwest Medical Center

Treated Well. Well Treated.

*Our Parkwest surgery
experience designed
for your outpatient
convenience*



Treated Well. Well Treated.

The Boulevard Surgery Center is a tobacco-free campus. Please refrain from all tobacco products while you are on the premises.



The Surgery Center Concept

The Boulevard Surgery Center is a Division of Parkwest Medical Center. Your outpatient procedure will be performed by highly skilled professionals dedicated to excellent quality and service – performed in a setting designed for your convenience.

Staff including nurses specializing in surgery, post-anesthesia care and ambulatory surgery will work as a team with your physician and anesthesiologist to individualize your care and recovery program. Our goal is to ensure you are *Treated Well. Well Treated*®.

To help you prepare for your ambulatory surgery, please read and follow these instructions carefully.

Pre-Admission Testing

Registration and pre-admission testing will be done at Parkwest. Insurance deductibles, co-payments or other payments are due at registration.

Before Your Scheduled Procedure

The Boulevard Surgery Center staff will call you one to two days prior to your scheduled procedure to confirm your arrival time. If you have not received a call by 6 p.m. on the day prior to your procedure, please call (865) 373-2400.

The Boulevard Surgery Center is located at 9300 Park West Blvd. If you are coming from



Cedar Bluff, the Center is the first brick building on the left after you pass the hotel.

Parking

Please use this brochure as a parking pass. Simply place it with the back panel facing up on the driver's side dashboard of your car.

A Tobacco-Free Campus

The Boulevard Surgery Center is a tobacco-free campus. Please refrain from all tobacco products while you are on site.

Day of Surgery Reminders

- Please have an adult transport you to and from the hospital on the day of surgery. They are welcome to wait in the waiting area.
- Be on time. Please go by the appointment time given to you.
- Do not eat or drink anything, including water, after midnight the evening before surgery (this includes no coffee, hard candy, gum or food of any kind).
- Take your medications on the morning of your procedure if you are told to do so by our pre-admission staff or your physician (you may have just enough water to swallow your medications).
- Bathe or shower and brush your teeth before you leave home. This reduces the chance of infection.
- Wear casual, loose fitting clothing and flat shoes. Underwear and socks should be all cotton.



- Bring your glasses and/or contact lens case. All types of contact lenses and glasses must be removed before surgery. Please give these to your family prior to surgery.
- Wear no make-up. You may wear light or clear nail polish. Acrylic nails with light nail polish do not have to be removed.
- Remove all jewelry before you arrive at the hospital. This includes rings, wedding rings, watches, earrings, necklaces, hair clips, hair pins, body jewelry and piercings.
- Leave valuables such as a credit card used for payment, locked in your vehicle. Do not bring valuables into the surgery center.

Preoperative Interview

On the day of your surgery, the anesthesiologist will meet with you prior to the procedure. You will have an opportunity to discuss the type of anesthesia you will receive and ask any questions you may have.

Informed Consent

Prior to your surgery, the surgeon will explain your procedure to you, including any possible alternatives or risks. You will have an opportunity to have questions answered during this time.

After Your Procedure

You will be taken to the post-anesthesia care area to recover. From there you will be escorted to a discharge area where you will receive a snack and beverage when you are able to tolerate food. Please do not bring food to the Boulevard Surgery Center. Your discharge time will depend on the time, type and length of surgery and the time needed to recover.