

# **Parkwest Medical Center Implementation Plan**

## **Significant Priorities / Issues**

### **1. Achieving Equitable Health Outcomes**

#### **Action**

**Goal** – Assure access to high quality and affordable mental health services for Knox County.

- A. Parkwest will offer a variety of mental health and medical detoxification programs for children, adolescents and adults, even when doing so results in considerable financial loss.

**Goal** – Increase the percent of the population that report regular physical activity.

- B. Parkwest will promote physical activity whereby participants can earn a “Parkwest Patch” once they have completed the 42 miles of Knoxville greenways and trails. Parkwest employees will lead weekend walks.

### **2. Strengthening Community Partnerships**

#### **Action**

**Goal** – Assist employers with identifying and managing employee physical and emotional health needs.

- A. Parkwest will partner with Knox County employers to assist with their worksite employee health program using the tools and resources of Covenant’s HealthQuest program.

**Goal** – Improve academic outcomes of at-risk students

- B. Parkwest will provide facility upgrades, mentoring, and school uniforms for the Richard Yoakley Transition School, an alternative school for at-risk high school students.

### **3. Positioning Health as a Consideration in our Policy and Planning**

**Goal** – Increase participation in Covenant Health’s employee health program by 10% each year.

#### **Action**

- A. Incentivize employees to engage in Covenant Health’s wellness program to obtain the lowest level of pricing of health insurance premiums.