

PARKWEST MEDICAL CENTER

2021-2023 COMMUNITY NEEDS ASSESSMENT IMPLEMENTATION PLAN

Identified Community Needs:

1. Mental Health *Addressing identified need: Suicide and/or Depression*
2. Substance Abuse *Addressing identified need: Drug Overdoses*
3. Obesity *Addressing identified need: Heart Disease and Diabetes*

Implementation Strategy to Address Needs:

1. Mental Health

Behavioral Health Services Expansion

- Psych consult services are now being provided for patients in the Emergency Department and for inpatients at Parkwest Medical Center via tele-video through Peninsula, a Division of Parkwest Medical Center.
- Parkwest Medical Center, with funding support from the Covenant Health Office of Philanthropy, will implement in 2021 an Emergency Department Diversion Program. A team of medical and behavioral specialists will conduct a behavioral assessment and treatment plan to propose measures to meet identified needs. An outreach specialist would follow up with patients to oversee the implementation plan.

ComPASS Support Group

- Peninsula, a division of Parkwest Medical Center, provides a monthly support group for those who have lost a family member, friend, or co-worker to suicide. This group provides a safe place of support, understanding and education during the journey of loss following the suicide death of a loved one.

Survivors of Suicide Loss Day

- Parkwest annually hosts Survivors of Suicide Loss Day on the Saturday before Thanksgiving in conjunction with the Tennessee Suicide Prevention Network. This day, designated by the United States Congress, is a day to provide support and healing to those affected by suicide.

Knox Area Rescue Ministries

- Covenant HomeCare and Peninsula are providing onsite physical and mental health services to clients of Knox Area Rescue Ministries. Clients are predominately homeless and living in

shelters and on the street. Peninsula has an outreach specialist on-site at KARM once a week and is currently expanding services in conjunction with Covenant HomeCare.

2. Substance Abuse

Peninsula Drug Treatment Program

- Parkwest Medical Center can now refer patients to the Peninsula Medication Assistance Treatment program's center for outpatient services for substance abuse. This program offers specialized medications and intensive therapy to treat substance abuse disorders.

Opioid Lite Program

- Parkwest Medical Center's Emergency Department is participating in a system-wide initiative to curb the use of hospital-prescribed opioids. Physicians are prescribing non-opioid drugs when indicated for pain management, during treatment and at hospital discharge.

3. Obesity

Covenant Health Knoxville Marathon

- Parkwest Medical Center is a major supporter of the annual Covenant Health Knoxville Marathon. Each year nearly 9,000 runners, most from the Knoxville area, participate in one of the marathon events including the full marathon, half marathon, relay teams, 5K and Kids Run. Local neighborhoods, greenways and trails are incorporated into the Marathon. Most of training beforehand also occurs on local trails and greenways. Each year Parkwest Medical Center contributes \$48,000 in support of the Marathon. The marathon is in partnership with the Knoxville Track Club.

HealthQuest Marathon Challenge

- Parkwest Medical Center employees participated in the first annual HealthQuest Marathon Challenge. Employees signed up to participate in one of the Covenant Health Knoxville Marathon events including the marathon, half-marathon, 2- or 4-person relay teams or the 5K. Teams competed with other Covenant Health hospital teams for points. Nearly 600 employees system-wide participated in 2020.

Center for Bariatric Surgery

- Parkwest offers bariatric surgery to benefit morbidly obese people or those with obesity-related illness who have been unable to lose weight through other methods. Additionally, monthly support group meetings are available to provide insight and perspectives from participants who are able to share their real-world experiences.